

## Best practices for best outcomes... Expectations & agreements for group experiences

When people are willing to roll up their sleeves, be open to new ways of being and collaboration, and assume the predominant responsibility for their success, great things can happen.

These will include, but are not limited to:

- Improved teamwork and collaboration, more meaningful conversations
- Awareness of impact and how to shift it in order to create a desired result
- A more “spacious” feeling and “permission” for taking risks in service of learning and growth
- A better understanding, and ability to apply, the tools and concepts learned during the program.
- Ripple effects in one’s life – what you learn here, cannot only positively impact your professional relationships, but your personal ones as well...

I ask a couple of things of program participants and sponsors in order to help you get your best outcomes possible. We will co-design agreements as a group at the beginning of the group session, and here are a couple of key agreements:

1. Do the pre-work and show up for the session (both group and individual sessions as designed in the program.)
2. Participate fully; be fully present and ready to go.
3. Be willing to learn, fail, have a good time, and even suspend judgment in service of the learning experience.
4. Provide a safe space for learning and honesty with your peers – contribute to helping things go well – for yourself and others.
5. Be aware of your impact and responsible for your own learning – get what you need out of this experience.

Look forward to seeing you soon!

